## Palms Behavioral Health

The outbreak of the coronavirus disease 2019 (COVID-19) may be stressful for people. Fear and anxiety about a disease can be overwhelming and cause strong emotions in adults and children. Coping with stress will make you, the people you care about, and your community stronger.

Palms Behavioral Health wants to reassure our community that we are committed to helping anyone with behavioral health problems during their time of need. Palms BH remains open for business and will continue to serve our local community in need, as well as support providers. People with preexisting mental health conditions should continue with their treatment and be aware of new or worsening symptoms. If you or someone you know is struggling with a behavioral health problem, please contact us at (956) 365-2600.

## **Hours & Information**

- Free Assessments 24/7
- Walk-Ins Welcomed
- No Referral is needed

613 Victoria Lane, Harlingen, TX 78559 956.365.2600 (Located Behind Harlingen Medical Center)